

This questionnaire contains mathematics and examinations confidence scales by JMS_Jan23.

Name.....Date.....

Think about the situation described and rate how confident you would feel about your ability in each case. Tick the box, or write in the score:

Task	Very confident 1	Quite confident 2	Don't know 3	I don't think I can do this 4	I can't do this 5
Using a times table grid to find out what 7 x 9 is					
Drawing graphs and charts					
Working out 12% of £42					
Finding two thirds of £42					
Working on word problems, such as "If it takes 3 people 5 days to fit a kitchen, how long would it take 2 people?"					
Solving an algebraic equation, such as if $3x - 2 = 7$, what is the value of x?					
Asking a question in a maths class about something you have not understood					

Think about these situations; how anxious you would feel in each case? Tick and write each score:

Task	No anxiety 1	Some anxiety 2	Moderate anxiety 3	Quite a bit of anxiety 4	High anxiety 5
Thinking about an upcoming maths test one day before					
Taking the final maths exams at the end of your course					
Taking any other exams that are NOT maths					

Now what is your total score? Write it here: [Minimum 10; maximum 50]

Do you have any comments about any of the above? If so, please make them here or overleaf.

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